

Kampenwand summit via Piesenhausener Hochalm (from valley station cable car Hochplattenbahn)

HIKING TOUR

A worthwhile and scenic tour to the most famous peak in the region - the Kampenwand


Starting point

Hochplattenbahn valley station

Location

Marquartstein

 *distance:*
17.9 kilometres

 *duration:*
08:15 hours

 *maximum altitude:*
1664 meters

 *minimum altitude:*
622 meters

 *altitude difference:*
1230 ascending

 *altitude difference:*
1217 descending

The Weidenauweg begins at the car park at the valley station of the Hochplattenbahn. This is a section of the E4 (European long-distance hiking trail 4) as well as the "Maximiliansweg" and the "Via Alpina". On this very easy path we quickly gain altitude, turn left after about a kilometer and after about an hour we reach the turnoff to the Staffn-Alm and the mountain station of the Hochplattenbahn, but stay on the forest road. We want to climb on the "Alten Plattenweg" and therefore turn right after about 800 meters towards the Piesenhausener Hochalm. We soon reach the forest road and immediately after that the entrance to the left towards the Kampenwand. It is a relatively demanding path that requires surefootedness. At the end of the path we come back to the forest road. Turning right we reach the Piesenhausener Hochalm after a short time. The alpine pasture invites you to linger with drinks and traditional alpine food. The view of the Chiemsee, the Kampenwand, the Hochplatte and also the Schlechinger valley is breathtaking. From here we continue to the Kampenwand. The path across the meadows to the Kampenwand also requires surefootedness and after about an hour from the Hochalm we reach a crossroads that leads to the right down to the Steinling Alm. We follow a steep path straight ahead up to the Kampenwand. The via ferrata is short but very demanding and after about 30 minutes we reach the mighty summit cross. On the way back we can alternatively descend via the so-called Kaisersäle. This descent is also demanding, but we can rest at the Steindling Alm, which we reach after about 30 minutes. The way back to Marquartstein takes us along the lower part of the Kampenwand towards the saddle. We need to plan about an hour extra time for this alternative route. Past the Piesenhausener Hochalm we get back to the start of the old Plattenweg and finally reach the starting point of our hike.

