

MTB 78 Rauschberg-Kienberg Runde (von Laubau)

TOUR

Wide gravel roads and narrow paths alternate on the long, sporty tour around Rauschberg and Kienberg.

Starting point

Laubau car park


 *distance:*
34.5 kilometres

 *maximum altitude:*
988 meters

 *altitude difference:*
780 ascending

Location

Ruhpolding

 *duration:*
04:00 hours

 *minimum altitude:*
621 meters

 *altitude difference:*
780 descending

Route: Laubau - Taubensee - golf course - Infang - Oberhausen - near Inzell - Kienau - Schmelz - Wildenmoos - Zwing - Himmelsleiter - Weißenbach - Reiteralm - Keitl-Alm - Schwarzachenalm - Laubau

This sporty circuit begins very gently: You follow the best paths from the starting point at the car park in **Laubau** over the Taubensee and along the golf course and Windbach via Infang and Oberhausen in constant ups and downs to **Inzell**. Before Inzell you come to a larger asphalt road and follow it south to Schmelz. There is a nice children's playground here, and the car park is also an alternative starting point for the tour. On a fine gravel road, the tour leads through the lonely **Wildenmoos** and halfway around the steep Kienbergl to Zwing. Here you drive far above the main road and the glacier garden to the so-called "Himmelsleiter" and push down a few meters here. Attention, there are usually many hikers on the way. Arriving in Weißbach, the long and strenuous climb up the steep Maisenberg to the **Reiteralm** begins. After a gate, it's back in the forest through the nature reserve between Hinterer and Vorderer Schwarzachen to the Keitl-Alm. You whiz downhill along the **Hintere Schwarzachen** - first to the west, soon to the north, where the circuit closes again in Laubau.

PS: You can start the round just as well from the town center in Ruhpolding (TI at the train station or at the Eglbrücke) or in Inzell (preferably in Zwing).

Highlights: the mystical Wildenmoos, the ride on a narrow path high above the glacier garden near Zwing, the nature reserve around the Schwarzachenalm

Information: Tourist Info Ruhpolding, Bahnhofstraße 8, Tel. 0 86 63/8 80 60, www.ruhpolding.de

Arrival by car

On the B305 in the direction of Reit im Winkl to the district of Laubau / Holzknechtmuseum car park

Arrival by public transport

With the regional train from Traunstein to Ruhpolding.

In Ruhpolding with the Dorfline or the RVO bus (Regionalverkehr Oberbayern) to the starting point in Laubau.

