

MTB 95 Hochstaufen-Runde

TOUR

The challenging tour around the Staufen massif between Inzell and Bad Reichenhall leads through the beautiful mountain landscape.


*Starting point*  
**compulsion**

 *distance:*  
**47.5** kilometres

 *maximum altitude:*  
**970** meters

 *altitude difference:*  
**1020** ascending

*Location*  
**inzell**

 *duration:*  
**07:00** hours

 *minimum altitude:*  
**450** meters

 *altitude difference:*  
**1020** descending

**Route:** Zwing - Adlgaß (800 m) - Inzellerhöhe (912 m) - Anger - Aufham - Piding (455 m) - Bad Reichenhall (473 m) - Jochberg (950 m) - Weißbach (612 m) - Zwing

The best starting point for this long loop around the Staufenkamm is the car park at the **Max Aicher Arena** (free parking) or in Zwing, just under three kilometers south of Inzell. At first it's very relaxed on wide gravel paths past the Falkensee to the **Forsthaus Adlgaß** (also a good starting point). On the best forest paths, you crank up moderate inclines to the Inzellerhöhe and then roll down to Anger via the Fürmannalm (refreshments; before that, a short stretch to push yourself). On quiet side roads you drive very relaxed and flat along the Stoißer Ache via **Aufham to Piding**. After passing through the town, it goes parallel to the Saalach to Bad Reichenhall. Now the hardest nut of this big tour is waiting: the long ascent with about 500 meters of altitude difference through beautiful forests up to the open alpine pastures on the Jochberg. If you have a little more time, you can make a detour to the Höllenbachalm. The route then leads down on wide forest roads to the **Hochstaufen** car park, from here you choose the somewhat steeper gravel road above the road down to Weißbach. Grand Finale! In Weißbach you push up to the "Himmelsleiter" and reach the parking lot in Zwing on a great path.

**Highlights:** very varied landscape, many places to stop for refreshments

**Bike & Hike:** from the Jochberg up to the scenic Zwieselalm (1380 m)

**Bike & Swim:** a detour from Karlstein takes you to Lake Thumsee after about 3 km

**Information:** Tourist Info Inzell, Rathausplatz 5, Tel. 0 86 65/9 88 50, [www.inzell.de](http://www.inzell.de)

**Arrival by car**

Coming from Siegsdorf, cross the town on the B306. After a good kilometer in the direction of Weißbach/Bad Reichenhall, you will reach the district of Zwing. There is a parking space to the left of the main road.

