

Sonnenalm (Kampenwand) via Hofbauernalm

HIKING TOUR

Mountain hike from the car park in Mühlau via the Dalsenalm, Hofbauernalm to the Sonnenalm on the Kampenwand.
Descent via the Kampenwandsteig to the Dalsenalm back to Mühlau.

Starting point

Start of the tour

 *distance:*
17.7 kilometres

 *maximum altitude:*
1516 meters

 *altitude difference:*
952 ascending

Location

Schleching

 *duration:*
04:00 hours

 *minimum altitude:*
617 meters

 *altitude difference:*
952 descending

Alpine hike. Refreshment options: Vordere Dalsenalm (Huber-Kaser) (*); Hofbauernalm (*); Sonnenalm (*) typical alpine snack during the alpine grazing season. Special features: catered cyclists' table for all cyclists and hikers - every Tuesday evening in summer; "Ochsensprung" and "Floderer" - waterfalls; for eagle eyes - lady's slipper flowers (orchids) along the path. Description: Mountain hike from the car park in Mühlau along the forest path past the Dalsenalmen to the junction to the hiking trail to the Hofbauernalm. You can have a nice rest there in summer. The route continues through the beautiful alpine area past the Bauernwand to the Sonnenalm on the Kampenwand. The descent takes place via the Kampenwandsteig to the Dalsenalm and back to the hiking car park in Mühlau. Achenal hiking pin checkpoints: Vordere Dalsenalm (Huber-Kaser); Steinlingalm

