

Trailrun - Kaltenbach - Jochbergalm - Rechenberg - Feldlahnalm

TOUR

Trail run - medium-difficulty tour over the Kaltenbach to the Jochbergalm, over the Rechenberg, Feldlahnalm, Hammerergraben - Litzelau - Wössner See - Oberwidholz back to the car park

*Starting point*

**Hochgern parking**


 *distance:*  
**16.4** kilometres

 *maximum altitude:*  
**1302** meters

 *altitude difference:*  
**921** ascending

*Location*

**Unterwössen**

 *duration:*  
**02:45** hours

 *minimum altitude:*  
**591** meters

 *altitude difference:*  
**919** descending

From the Hochgern car park we walk towards Widholz, then turn towards Rechenberg and follow the Kaltenbach uphill for quite a while almost to its source. Then the path separates from the stream and we continue towards Jochbergalmen, then turn right towards Rechenberg, then past the Große Rechenberg Alm, and follow the forest path until we turn right towards Feldlahnalm and Hammerer Graben. At the Hammerer Graben we follow the path along the stream, turn right just before the main road in Brem, and the path winds behind the Litzelau campsite until we come to the small path that takes us to the Wössner See. We walk past above the Wösser See, then right via Widholz back to the Hochgern car park.

